



# CRES Dory News

Kindness   Grit   Responsibility   Self-Control

## Important Dates

**Tuesday, November 3**  
**VOTE TODAY!**



**Thursday, November 5**  
Deadline for CRES Remote or  
In-Person Survey for Trimester 2

**Wednesday, November 11**

**NO SCHOOL,**  
Veterans Day Holiday



**Wednesday, November 18**

**EARLY RELEASE,**  
**1pm dismissal**

*(pending CSD Board approval on  
11/4/20)*

**Wednesday, November 18**

Camden Rockport Schools  
Board Meeting, 7:00pm

**Wednesday, Nov. 25 -**

**Friday, Nov. 27**

**NO SCHOOL**

Teacher Workshop &  
Thanksgiving Holiday Break

**Friday, December 4**

Trimester 1 Ends



## PRINCIPAL'S CORNER

Dear CRES Families,

I hope this newsletter finds you well. We have successfully opened school and are approaching the 7-week benchmark with Parent/Guardian & Teacher Conferences last week. Fortunately all members of our school community have remained COVID-free to date. Please remain vigilant with health and safety measures at home - we'll do the same at school. Our collective commitment to these best practices will help keep everyone healthy.

As promised, here is the Remote or In-Person survey for Trimester 2.

Please complete this form **ONLY IF YOU WISH TO CHANGE** how your child attends school at CRES. You'll need to complete this form for **each** of your children. Choose **ONE** way for your child to attend school, either In-person **OR** Remote.

Please **complete the survey by THURSDAY, NOVEMBER 5TH**. We'll need ample time to make adjustments and communicate them to families.

Remember, we only offer remote choices for Grades 1-4, if feasible, based on interest. Even though **remote learning was offered first trimester, it may not be offered second trimester** if there is not sufficient interest. Class lists are also subject to change based on student attendance status.

This commitment is for the **2ND TRIMESTER** that runs from December 7 - March 18. In March, we will offer an additional opportunity to change your child's attendance for the 3rd Trimester.

Email any questions to [Brenda.Fournier@fivetowns.net](mailto:Brenda.Fournier@fivetowns.net) or [Chris.Walker-Spencer@fivetowns.net](mailto:Chris.Walker-Spencer@fivetowns.net).

Any changes to student school attendance designation will begin on **DECEMBER 7TH**. We will communicate any changes to families no later than the first week in December.

Link to survey: <https://forms.gle/fhtHYFY3inSJvweH9>

Best, Chris

## Giving Thanks

We are thankful to the many community groups that have helped us out this year! From extra funding for student supplies, to handmade-with-love fabric masks, to refreshments for staff during Parent-Teacher Conferences - thank you to all members of these organizations! We are so grateful for the community support!

### CAMDEN LIONS CLUB



Camden Lions Club Donation to CRES Principal Chris Walker-Spencer & CRMS Principal Jaime Stone

### ALICE & HAZEL



156 Handmade masks for children in 2 sizes featuring a fun variety of fabrics. Something for everyone!

### C-R SCHOOL ALLIANCE



**helps schools**

Together, we're greater than groceries.

We received two checks from the Hannaford Helps Schools program, thanks to the efforts of the Camden-Rockport School Alliance (formerly PTA).

## Early Release Every Wednesday

On October 21, the C-R Schools Board approved weekly early release days for grades K-8. CSD Board approval is also required for the changes to take effect. These early release days would be every Wednesday, beginning mid-November, with a dismissal time of 1pm for CRES (12:30pm for pick-up students). The CSD Board will review and vote on the proposal at their meeting on this Wednesday.

The time will be used to provide teachers much needed professional hours to meet the demands the pandemic and our instructional model has placed upon them.

We will email families with this significant calendar change, pending CSD Board approval. To sign up to receive school board meeting agendas, email [trina.schroeder@fivetowns.net](mailto:trina.schroeder@fivetowns.net). Meeting agendas and minutes can also be found on the [District Website](#).

## Checklist for Cold Weather

Cold weather will be upon us soon! The first cold recess day often takes us all by surprise. Make sure your child is ready with warm clothes for outside recess.

We do go outside here at CRES, in all conditions. Fresh air and sunlight provide a good healthy break in our day and a chance for free play with friends. Students are expected to go outside for recess, unless the wind chill is 0 degrees Fahrenheit or below.

The 5 items of winter clothing required for outside time are pictured here. Your child should arrive to school each day with these 5 items during the winter months. If you need help providing winter outerwear to your student, let us know. Talk to your teacher, the Main Office, or the Nurse.



## Planned Family Absence Policy Reminder

Parents/guardians that have a planned absence(s), for personal or educational purposes while school is in session need to notify the Principal in writing or by email in advance of the absence(s).

(Giving Thanks, continued!)

## WEST BAY ROTARY CLUB



Barbara Heard from West Bay Rotary Club presents a donation of child-sized super hero masks and student school supplies to CRES.

## YOUTH ARTS



Jim Nickelson from Youth Arts presents a donation for Art Supply Kits for Remote Learners.

## C-R SCHOOL ALLIANCE



Beverages & chocolates donated by CRSA Parents were delivered with hot soup lite fare to teachers before evening P-T Conferences.

Please consider limiting travel this year with COVID-19 and remember that there are quarantining\* restrictions in place.

Procedures depending on the length of the absence:

### A. ONE TO TWENTY DAYS:

- a. After approval from administration, parent notifies teachers.
- b. Teachers have the following options for missed work
  - i. Provide assignments before departure.
  - ii. Assign an alternative assignment.
  - iii. Require student to make up work upon his/her return.
- c. This make-up work must be completed within one week of the student's return to school unless other arrangements are made with the teachers(s). Teachers will not be able to re-teach missed work.

### B. OVER TWENTY DAYS:

- a. For a planned absence of more than 20 consecutive days, parents are responsible for their child's education. They will need to fill out paperwork with the state to home-school their child. The student will be unenrolled from CRES for the duration of the time they are home-schooled and re-enrolled up on their return.

### \*Quarantine

Students and staff who travel outside of Maine will follow the state quarantine requirements at the time of their travel. Our District requires that children 18 and younger must receive a negative COVID-19 test or quarantine for 14 days before they can return to school. This is different from, and more stringent than, the state CDC Guidelines. Testing is readily available with a quick turnaround in our community, and all students who travel to a state that requires a quarantine or negative test will be expected to comply in order to return to school. If no COVID test happens, a 14-day quarantine is required. Check this link for current guidelines:

<https://www.maine.gov/covid19/restartingmaine/keepmainehealthy/faqs>

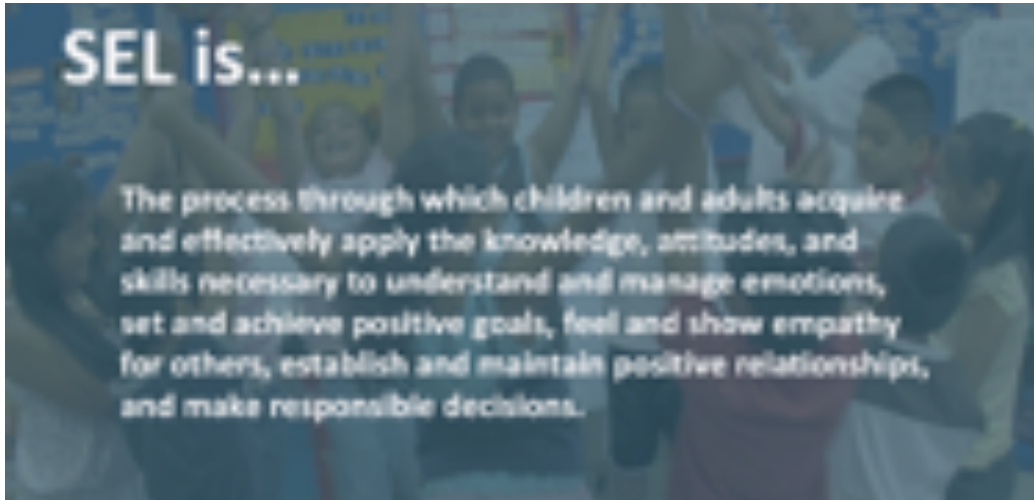
### *Holiday Giving at CRES*

Every year we have people ask how they might lend support to local families needing assistance during the holidays. If you would like to support our efforts to provide for families this season, please consider donating gift cards for gas purchases and groceries.

With Appreciation, *Meghan Fitzpatrick (Nurse); Susan Conover (Guidance Counselor); & Kate Forand (Social Worker)*

## The Strength of Social Emotional Learning at CRES

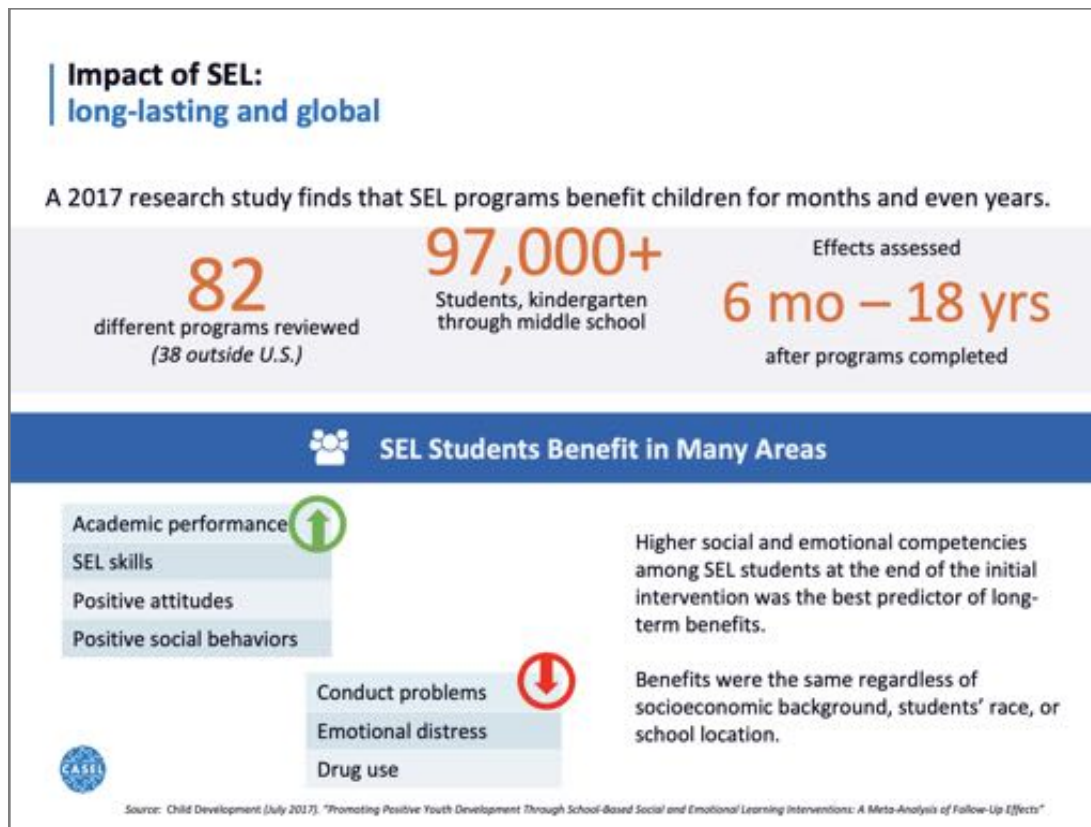
### What is Social Emotional Learning (SEL)?



### Social and Emotional Learning SEL



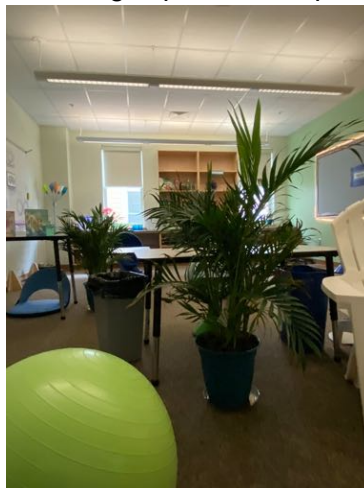
## What does the research say?



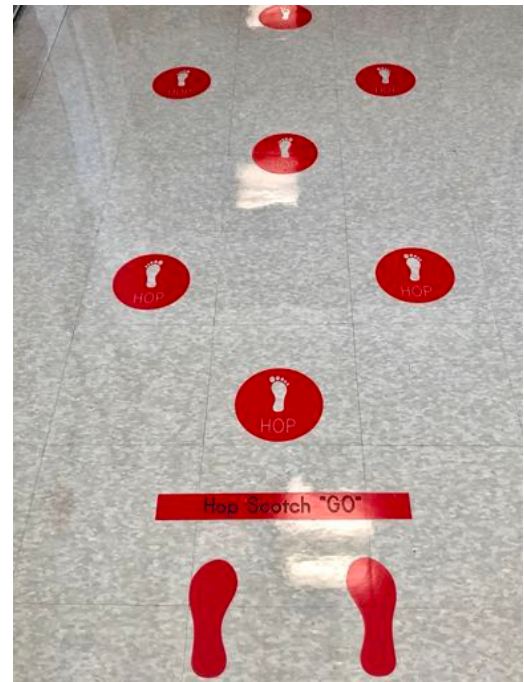
## What are we doing at CRES?

Building on the significant work at CRES with the important practices and principles of [Responsive Classroom](#), we have added a new SEL program focused on further developing skills called [Second Step](#). This initiative is funded by a five year grant from the Maine DOE and Maine CDC that the district received last spring and is being implementing K-8.

Beyond this work happening in the classrooms, we have been able to add several other elements into the school environment that benefit the social emotional well being of our students. This year we are excited to expand from our small Zen Zone to a larger room called the Pause Place that is run by Meredith Constantine. This room is a quiet space where a child can come and regroup, take a calming break to refocus and get back into the green zone. Visits are scheduled, strategies are practiced and the whole experience is soothing. Here is a glimpse of the space:



Other elements are the movement pathways spread throughout the school and the bulletin boards reminding students how to find calm. Unfortunately, access to these is more limited this year due to COVID- 19 but they are still in use as much as possible.



If you would like more information on the importance of social emotional learning here is a short video link for your enjoyment: [www.youtube.com/watch?v=ikehX9o1Jbl&t=20s](https://www.youtube.com/watch?v=ikehX9o1Jbl&t=20s).

