



CRES Dory News



Kindness Grit Responsibility Self-Control

Important Dates

Friday, March 5

Gr. 2 Guest Speaker: Tanglewood
4-H Winter Village Program. Mrs.
Curtis class 10:15am - 12:15pm.
Mrs. Baroody's class 12:45-2:45pm.

Wednesday, March 10

Early Release, 12:30/1:00pm

- 12:30-12:40: K & Multiage Pick Up
- 12:40-12:50: 1st & 2nd Gr Pick up
- 12:50-1:00: 3rd & 4th Gr Pick up
- 1:00pm: Bus Dismissal Begins

Sunday, March 14

Daylight Savings Time Begins



Wednesday, March 17

Early Release, 12:30/1:00pm

- 12:30-12:40: K & Multiage Pick Up
- 12:40-12:50: 1st & 2nd Gr Pick up
- 12:50-1:00: 3rd & 4th Gr Pick up
- 1:00pm: Bus Dismissal Begins

Wednesday, March 17

Camden Rockport Schools District
Meetings. Finance Committee Mtg,
6:00pm. School Board Meeting,
7:00pm

Thursday, March 18

Parent-Teacher Conferences, after
school and evening. *Sign up online or
call the Main Office!*

Thursday, March 18

Trimester 2 ends.

(continued on page 2)

PRINCIPAL'S CORNER

Dear CRES families,

The past couple of weeks have been challenging to say the least. We are navigating a pandemic, in the midst of a cultural shift compelling us to examine our practices around diversity, equity and inclusion. And tragically, we are also grieving a terrible loss in our community.

These events test our resilience while also bringing out the best we have to offer. The CRES community continues to rally around our collective health and wellness. We have widespread support and energy around ensuring that all families are valued, respected and welcome at CRES. And the outpouring of support as we cope with the loss of life is inspiring. We stand together - it's a big part of what makes us who we are.

I write to you knowing that while resilient, none of us can endure endless stress and anxiety. I'm sharing two articles, one focused on children and the other on adults. Both articles name what many of us are feeling while also providing some concrete steps for managing those emotions.

[Why Your Brain Feels Broken](#)

[How Parents and Teachers can Help Anxious Kids Stop Avoiding Discomfort, Before the Cycle Bakes Itself In](#)

I'm also sharing an opportunity to focus on our wellness next week. NAMI Staff Director, Greg Marley LCSW, will lead the discussion with our parents/guardians, school staff and community partners from around the mid-coast Maine region.

(continued from page 1)

Friday, March 19

NO SCHOOL, Parent-Teacher Conferences. Sign up online or call the Main Office!

Monday, March 22

Public Input Meeting, Camden Rockport Schools 2021-2022 School Budget, CHRHS, 6:00 - 7:00pm

Wednesday, March 24**Early Release, 12:30/1:00pm**

- 12:30-12:40: K & Multiage Pick Up
- 12:40-12:50: 1st & 2nd Gr Pick up
- 12:50-1:00: 3rd & 4th Gr Pick up
- 1:00pm: Bus Dismissal Begins

Wednesday, March 31**Early Release, 12:30/1:00pm**

- 12:30-12:40: K & Multiage Pick Up
- 12:40-12:50: 1st & 2nd Gr Pick up
- 12:50-1:00: 3rd & 4th Gr Pick up
- 1:00pm: Bus Dismissal Begins

(Principal's Corner continued)

Our aim is to strengthen **our individual and collective sense of hope** during this time together.

Coping with COVID, Supporting Our Children and Ourselves through this Pandemic

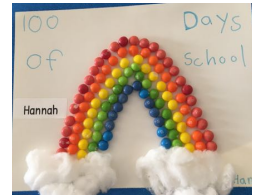
March 10th 6:30pm on Zoom

Zoom Link: <https://zoom.us/j/5063585523>

Please review [this flier](#) for more details on our partnerships and goals for this meeting.

Take good care of yourselves. It's an honor to be a part of this school and community.

With Gratitude, Chris



Señora Selected as the FLAME World Language Teacher of the Year!



Julie Speno, our Spanish teacher here at CRES, has been selected as the FLAME World Language Teacher of the Year for 2021 in recognition of her long service and dedication to supporting language & culture opportunities for young children.

Julie began the CRES Spanish program in 1998 and serves as the current NNELL (National Network for Early Language Learning) Representative for Maine. She started her teaching career while studying in Moscow, worked with refugees and immigrants in the Albany, NY area before moving to Maine, and has taught Russian for over 15 years to adults and children in the midcoast area.

Congratulations on a well-deserved honor!

Bus Timing

The end of day timing can vary greatly all year long depending on traffic, weather, and substitute bus drivers. Be prepared for the earliest arrival times (from 3:35pm on), and allow for a 10 minute window for the bus to arrive each day. Your patience is greatly appreciated!

Questions? Contact Julie Waters, Transportation Director, 236-3358.

Parent/Guardian - Teacher Conferences March 18 - 19

Conferences will be held on Thursday afternoon and evening, March 18, and Friday morning, March 19. Individual teachers may also offer other conference times during the week.

Conference scheduling is now online! You will receive an email on March 5th with a link to sign up for Conferences. Please call the office if you need assistance - 236-7809.

Art, Music, P.E., Library and Spanish teachers are now included in the PTCFast.com conference scheduler system, too! If you would like to touch base with these teachers, we encourage you to sign up for a time slot using this system.

Please note:

There is **no school on Friday, March 19** to allow time for Conferences.

School Attendance

Each time your child is absent, whether planned or last minute, you must call 236-7809 or email cres.attendance@fivetowns.net before 9:00 in the morning to let the school know that the student will be absent and the reason why.

The following circumstances constitute "excusable absences":

1. Personal illness health;
2. Appointments with health professionals that must be made during the regular school day;
3. Observance of recognized religious holidays when the observance is required during the regular school day;
4. A family emergency;
5. A planned absences for a personal or educational purpose, which has been approved; or
6. Education disruption resulting from homelessness, unplanned psychiatric hospitalization, unplanned for a medical emergency, foster care placement, youth development center placement or some other out-of-district placement that is not otherwise authorized by either an individual education plan or superintendents' agreement.

Kindergarten Registration - Now Open

Camden-Rockport Elementary School is pleased to welcome students, who reside in Camden or Rockport, to register for Kindergarten for the 2021-2022 school year. Your child must be 5 years old on or before October 15, 2021.

Parents are asked to contact Brenda Fournier, Registrar, in the Main Office to start the registration process by calling 236-7809 or emailing brenda.fournier@fivetowns.net

Please note: There will be **No School** for single grade Kindergarteners on **May 4th** (Wickenden, Webber, & Taylor classrooms), to allow for Kindergarten Screening. Multiage Kindergarten students in Mrs. Sady's and Mrs. Hardy-Gilson's classes **WILL** have school on that day.

School Budget Public Input Meeting - March 22

On Monday, March 22rd, beginning at 6:00pm, the Five Town CSD and Camden Rockport school boards will hold virtual public input meetings to present the 2021-2022 school budgets. These public input meetings give the public an opportunity to ask questions and provide input before the School Board approves the budgets in April.

Details on how to join the Zoom meetings with on the district website and provided in a press release in the coming weeks.

HEALTH SCREENING

All students who are attending school at CRES are required to complete a daily health check on MyMedBot. This daily health check needs to be completed prior to your child boarding the school bus or being dropped off at school. We need your help and assistance in order for staff and students to stay healthy.

If a student is told to stay home based on their responses, the parent needs to call the school office as usual, to notify them of the absence.

The school nurse and front office staff will follow-up with parents to remind them of the importance of completing the health check prior to attending school. Repeated failures to complete the health check could result in a student attending school remotely.

Reminders:
End of Day Student Pick Up

- Park your vehicle
- Wear a face mask on campus
- Walk to the gate/door to meet your student
 - Students with last name A-L ; pick up at the small playground gate, close to the building
 - Students with last names M-Z; pick up at the large playground gate, away from the building
- Visitors are not allowed on the playground or in the building

Safe dismissal is our goal. Thank you!

Updated Temperature Guidance for Recess

- * CRES students go outside without restriction as long as the "feels like" temperature is 0°F or higher.
- * Outdoor time is limited to 15 minutes for "feels like" temperatures between 0° and -15°F
- * Recess will be held indoors when "feels like" temperatures are below -15°F
- * Families may send a note opting their child out of outside recess.

It is a rare occasion that we stay inside for recess, especially this year with masks required and minimal indoor movement due to pandemic safety protocols. Please be sure your child is properly outfitted for the cold (jacket, hat, boots, snow pants, and gloves/mittens), the windy, and the wet when they come to school. We depend on you to send your child prepared. Please do not hesitate to reach out to your child's teacher, the Main Office, or the Nurse if providing these items is a hardship.



To Protect Yourself, Your Coworkers, Your Patients, Your Family, and Your Community

- Building defenses against COVID-19 in this facility and in your community is a team effort. And **you** are a key part of that defense.
- Getting the COVID-19 vaccine adds **one more layer of protection** for you, your coworkers, patients, and family.



Here are ways you can **build people's confidence** in the new COVID-19 vaccines in your facility, your community, and at home:

- ✓ **Get vaccinated** and enroll in the **v-safe** text messaging program to help CDC monitor vaccine safety.
- ✓ **Tell others why** you are getting vaccinated and encourage them to get vaccinated.
- ✓ **Learn how to have conversations** about COVID-19 vaccine with coworkers, family, and friends.



12/09/20

www.cdc.gov/coronavirus/vaccines



FOR IMMEDIATE RELEASE

CONTACT:

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(904) 982-7603
jburn207@gmail.com

Barbara Lawrence
(207) 992-3039
bkl@barbaralawrence.com

January 29, 2021

S.E.A. Grant Money to Support Studies of Local Watersheds

CAMDEN – Students thrive on discovery. And it’s through some of those discoveries that local elementary, middle and high school students are today preparing for a future filled with possibilities and opportunities.

With support of the Stewardship Education Alliance (S.E.A.) – a year-old non-profit with the mission of increasing community awareness of ways to be better stewards of local watersheds – students, teachers and communities are benefitting from grants for special projects, activities and professional development. The 501 (c)(3) non-profit has been supporting public and private school educators and after-school programs in Camden and Rockport since 2020, and in January expanded its support to also include public and independent schools in Appleton, Hope and Lincolnville.

“The past year has been very challenging because of COVID-19 restrictions,” says Camden author and educator Barbara Lawrence, S.E.A. founder and board president. “We had to revise our original plans and cancel events such as last spring’s S.E.A. Fair at Camden Harbor. Still, we’ve been able to continue funding grants and to sponsor events such as the popular Poetry on Windows in downtown Camden.”

Past projects include funding for a mobile marine touch tank on display at the Camden Public Library’s *World Oceans Day*, and on the boardwalk at Camden Harbor, as well as for professional development courses for local teachers held at the Herring Gut Learning Center in Port Clyde.

One recent example of S.E.A.-funded projects was a study of harmful micro-plastics in Camden Harbor by 7th grade science students at Camden-Rockport Middle School. Funding for the study enabled science teacher John Dietter to purchase trawl nets and other supplies and equipment needed for the micro-plastic study, as well as cover the cost of a boat trip for his class. Another, at Camden-Rockport Elementary, was funding for 4th Grade teacher Jenny Gold to take a marine science course at Herring Gut Learning Center that included raising kelp.

The Camden Public Library has also been the beneficiary from S.E.A. donations of books and Discovery Bags containing microscopes, trawl nets and notebooks to be used by borrowers studying local waters.

Planned S.E.A. events in upcoming months include underwater exploration of Camden Harbor in April with students from Watershed School, S.E.A. Fair and Poetry on Windows (POW!) in late May and June, the unveiling of a new mobile marine tank, and S.E.A.’s 2021 grant competition. Completed grant applications are due by February 22, and awards will be announced March 15.

For more information, and grant applications, visit www.stewardshipeducationalliance.org. All public, private and independent schools in Camden, Rockport, Hope, Appleton and Lincolnville are eligible to apply.



CRES Dories

Discover more at www.stewardshipeducationalliance.org

Stewardship Education Alliance (S.E.A.) is a non-profit, tax exempt 501 (c)(3) organization



www.fivetowns.net/cres

236-7809



Five Town CSD

ADULT and COMMUNITY EDUCATION
enriching lives . . . strengthening community . . . since 1969

Adult Education News for teens and adults!

CERTIFICATE CLASSES AVAILABLE

[Behavioral Health Professional \(BHP\) W/Certification Training](#) - Children's behavioral health services are vital to Maine's children with intellectual disabilities, autism, and mental health disorders and their families. This online training program can be started any time and finished at your own pace.

The following have start dates in April:

[Data Analysis Certificate](#)
[Social Media for Business Certificate](#)
[Project Management Certificate](#)
[Certificate in Non-Profit Administration](#)
[Certificate in Accounting and Finance](#)

OTHER WORKFORCE OPPORTUNITIES

[Everything Microsoft Word](#) - remote
[Excel for Those Who Don't Have a Clue](#) - remote
[Powerpoint for Beginners](#) - remote
[Standard First Aid, CPR, AED](#)
[Basic Life Support for Healthcare Providers](#)

Sessions start monthly for the following:

[Accounting Fundamentals Series](#)
[Creating WordPress Websites](#)
[Microsoft Excel 2019/Office 365 Series](#)
[Introduction to SQL](#)
 QuickBooks 2019 Series -
[Desktop Version](#) or [Online Version](#)

ENRICHMENT CLASSES STARTING SOON!

[Experimental Drawing](#) - Begins 3/3, remote
[Maine Model Yacht Club](#) - Begins 3/2, in person
[Coastal Navigation Level 1](#) - Begins 3/4, remote
[Lure of Long-distance Hiking](#) - Begins 3/9, in person
[Recycling 101](#) - On 3/11, remote
[Collage Glass Charm](#) - On 3/23, in person
[Pilates - Gentle](#) - Begins 3/3, remote
[Birding by Sight, Song, Habitat](#) - Begins 3/15 in person
[Mindful Yoga](#) - Begins 3/3, remote
[Trees, Seeds to Streetside Giants](#) - On 3/6, in person
[Mushrooms, Edible and Medicinal](#) - On 3/10, remote
[Middle Eastern Dance](#) - Begins 3/11, blended
[Decluttering 101](#) - Begins 3/11, remote
[Spanish for Beginners](#) - Begins 3/8, in person
[Italian Renaissance Art History](#) - Begins 3/23, remote
[Prune When Shears are Sharp](#) - On 3/20, in person
[Farming with Natives](#) - On 3/24, remote
[Tai Chi for Beginners](#) - Begins 3/3, in person
[Qigong](#) - Begins 3/3, remote

HEADING OFF TO COLLEGE?

If you are heading to a Maine University or Community College, and you are told you need to take a Developmental Math and/or English class, please email Five Town Adult Education. We can help you save time and money so that you can begin college in the fall immediately enrolled in classes that will count toward graduation. Don't spend financial aid on Developmental class credits when free services are available to help you right here in Five Town CSD. *See our contact info below to set up a time to meet or reach out to us through your guidance counselor.*

NEED YOUR DRIVER'S LICENSE?

Classes begin every month with Roy's Driver and Rider Education. Instruction is done remotely and at home, CDC guidelines are followed for all driving instruction. Final exams are held at Camden Hills Regional High School.

contact www.roysdriving.com, 784-6245

CONTACT ADULT EDUCATION

236-7800, option 5
adulted@fivetowns.net
www.fivetowns.maineadulted.org

The adult ed office is located in
 Camden Hills Regional High School

Camden Rockport Elementary School
2021-22 School Calendar
 Grades K - 4

JULY						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

AUGUST						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SEPTEMBER (16)						
S	M	T	W	T	F	S
			W	W	TP	4
5	H	SO	O	9	10	11
12	13	14	15	16	W	18
19	20	21	ER	23	24	25
26	27	28	29	30		

OCTOBER (18)						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	W	9
10	H	12	13	14	15	16
17	18	19	ER	21	22	23
24	25	26	27	28	C	30
31						

NOVEMBER (18)						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	H	12	13
14	15	16	ER	18	19	20
21	22	23	W	H	X	27
28	29	30				

DECEMBER (16)						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	ER	9	10	11
12	13	14	15	16	17	18
19	20	21	22	X	H	25
26	X	X	X	X	H	

JANUARY (20)						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	ER	13	14	15
16	H	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY (15)						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	ER	10	11	12
13	14	15	16	17	ERH	19
20	H	X	X	X	X	26
27	28					

MARCH (22)						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	ER	10	11	12
13	14	15	16	17	C	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL (16)						
S	M	T	W	T	F	S
					1	2
3	4	5	ER	7	8	9
10	11	12	13	14	ERH	16
17	H	X	X	X	X	23
24	25	26	27	28	29	30

MAY (21)						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	ER	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	H	31				

JUNE (13)						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	O	18
19	TP	21	22	23	24	25
26	27	28	29	30		

- September 1,2 Teacher Workshop Day
- September 3 Teacher Prep Day
- September 6 Labor Day Holiday
- September 7 Student Orientation/K screening
- September 8 First Day of School
- September 17 Teacher Workshop Day
- September 22 Early Release (2:00)
- October 8 Teacher Workshop Day
- October 11 Indigenous Peoples Day Holiday
- October 20 Early Release (2:00)
- October 29 No School - Parent Conferences
- November 11 Veterans Day Holiday
- November 17 Early Release (2:00)
- November 24 Teacher Workshop Day - Flex
- November 25-26 Thanksgiving Break
- December 3 T1 ends
- December 8 Early Release (2:00)
- Dec 23 - Jan 1 Holiday Break
- January 1 New Years Day Holiday
- January 12 Early Release (2:00)
- January 17 Martin Luther King, Jr., Day Holiday
- February 9 Early Release (2:00)
- February 18 Early Release (12:15) - 1/2 Teacher Day
- February 21-25 Winter Break
- March 9 Early Release (2:00)
- March 17 T2 ends
- March 18 No School - Parent Conferences
- April 6 Early Release (2:00)
- April 15 Early Release (12:15) - 1/2 Teacher Day
- April 18-22 Spring Break
- May 11 Early Release (2:00)
- May 30 Memorial Day Holiday
- June 17 *Last Day of School/T3 ends
- June 20 Teacher Prep Day

Student Days	
Month	Days
Sept	16
Oct	18
Nov	18
Dec	16
Jan	20
Feb	15
Mar	22
Apr	16
May	21
June	13
Total	175

Teacher Days	
Month	Days
Sept	21
Oct	20
Nov	19
Dec	16
Jan	20
Feb	15
Mar	23
Apr	16
May	21
June	14
Total	185

Term	Days
1st Trimester	55
2nd Trimester	61
3rd Trimester	59
Total	175

- O = First/Last Day of School
- W = Workshop Day
- H = Holiday
- X = Vacation
- ER= Early Release (2:00 dismissal)
- ERH= Early Release Half Day (12:15 dismissal)
- C = Conferences
- TP = Teacher Prep Day

- 175 Student Days
- 5 Teacher Workshop Days
- 2 Teacher Prep Days
- 2 Parent Conference Day
- 185 Teacher Days

- *For every snow day, add a day to the last day of school**
- * If there is a snow delay on an Early Release day, (ER or ERH) the early release will not occur.**

Approved by CRS board on January 20, 2021